

# AGENDA

El Paso Marriott Hotel, 1600 Airway Boulevard, El Paso, TX 79925

**Target Audience:** Physicians, Registered Nurses, Nurse Practitioners, Certified Diabetes Educators, Physician Assistants, Pharmacists, Social Workers, Registered Dietitians, CHES, Health Promoters, and other providers involved in the care and treatment of patients with diabetes.

**Purpose and Content:** 7th Annual Faces of Diabetes Conference: One Diabetes. Many Faces. Our intent is to provide a one-day conference on the treatment, management, and current research related to diabetes. The information being provided is intended to help diabetes care providers and educators with the prevention and management of diabetes and its complications.

## FRIDAY, October 15

7:00 a.m. Registration / Continental Breakfast / Visit Exhibitors

7:50 a.m. Welcome and Opening remarks / Housekeeping Guidelines

8:00 a.m. **Hospital to Home: Transition of the Patient with Diabetes**

- **Melanie E. Mabrey, MSN, ACNP, BC-ADM**

1. Identify the necessary resources needed for discharge planning of patients with diabetes.
2. Discuss the role of the nurse as coordinator of care in ensuring optimal discharge planning.

9:00 a.m. **Cultural Considerations in Meal Planning for Patients with Diabetes**

- **MAJ Trisha B. Stavinoha, MS, RD, LD, CSSD, CSCS**

1. Describe strategies for the healthcare provider to calculate carbohydrate and calorie counting for patients with diabetes.
2. Identify cultural considerations that may affect positive outcomes in meal planning for patients with diabetes including the Mexican-American population.

10:00 a.m. Break / Visit Exhibitors

10:15 a.m. **Conquering Insulinophobia: Do You Fear Insulin or Does It Fear You?**

- **Melanie E. Mabrey, MSN, ACNP, BC-ADM**

1. Identify provider and patient barriers to initiation of insulin therapy.
2. Discuss the options available for administration of insulin individualized for patients.
3. Describe a "quick start" insulin plan to improve glycemic control for patients.

11:15 a.m. **The Diabetic Eye - Derek N. Cunningham, OD, FFAO**

1. Discuss ophthalmological microvascular complications commonly diagnosed in patients with diabetes.
2. Explain treatment options and ophthalmological complications in the patient with diabetes.

12:15 p.m. Lunch / Visit Exhibitors

1:00 p.m. **Genetic Trends in Diabetes - Craig L. Hanis, PhD**

1. Discuss the epidemiology of Type II diabetes and obesity among Mexican-Americans.
2. Recognize how genomic level studies can lead to identification of diabetes.

2:00 p.m. **Diabetes and Heart Disease - Aamer Abbas, MD**

1. Describe the clinical manifestations of coronary artery disease in patients with diabetes.
2. Indicate treatment options utilized in patients with diabetes for optimal patient outcomes.

3:00 p.m. Announcement of Student Poster Winners

3:05 p.m. Break / Visit Exhibitors

3:20 p.m. **Diabetic Emergencies - Matthew N. Graber, MD, PhD, FAAEM**

1. Describe the presentation of diabetic emergencies.
2. Discuss current evidenced based management and treatments for patients with diabetic emergencies.

4:20 p.m. Conference Evaluation

4:30 p.m. Adjournment